

IRREGARDLES

real food . real music . real good . est . 1975

Small Plates & Shareables

Crispy Polenta Frites VEG|GF

Hazelnut Romesco Aioli | Parmesan | 9

Cipollinis & Cheese

cipollini onions | bacon cream | requette cheese |
fresh herbs | grilled bread | 15

Spinach & Artichoke Dip VEG|GFO

onion | garlic | mixed cheese | grilled pita | 11

Black Eyed Pea Falafel VG|GF

Lemon tahini | cucumber |
tomatoes | pickled onion | 14

Herb Roasted Potatoes VEG|GF

Roasted potatoes | rosemary | thyme | oregano |
garlic | lemon herb aioli | 8

Roasted Brussels Sprouts VEG

brussels sprout | gochujang agave | toasted sesame | 8

Roasted Garlic Hummus VG|GFO

Oyster mushroom salad | fresh herbs | fried pita | 9

House Made Focaccia VG

Drizzled with olive oil | 5

Fire Roasted Eggplant Dip VG

pita | pomegranate molasses | mint | 9

Roasted Baby Carrots VG|GF

golden raisin chutney | 9

Mixed Greens Salad VG|GF

Mixed greens | onions | radishes | rainbow carrots
| crispy chickpeas | sumac vinaigrette | 11

Romaine Caesar GFO

Tahini caesar | parmesan | bread crumbs | 11

Duck & Citrus Salad GF

Shaved fennel | radicchio | arugula | pickled
sour cherries | orange supreme | preserved
lemon vinaigrette | candied pecans |
parmesan crisps | 14

Butternut Squash Salad VEG|GF

Roasted butternut squash | baby kale + spinach
| raisins | feta | pecan | olive oil dressing | 12

Large Plates

Marinated Grilled Artichokes VG|GF

Artichokes | bean mujaddara |
red pepper coulis | fried onion | 19

Mushroom Vadouvan VG|GF

Fried oyster mushroom | vadouvan oil |
seasonal vegetables | sweet corn veloute | 22

Roasted Autumn Cabbage VG|GF

Roasted young cabbage | stewed cannellini beans |
pecan muhammara | pomegranate molasses
| chives | 18

Spanakopita VEG

Spinach | feta | sautéed onions | phyllo dough |
lemon cream sauce | green beans | 20

Cauliflower Duo VG|GF

Harissa roasted cauliflower steak & cauliflower puree
sauteed spinach & garbanzo beans | preserved lemon | 20

Grilled Ribeye * GF

Oyster mushrooms | roasted onion |
black truffle brandy peppercorn sauce | 45

Peri Peri Chicken GF

Grilled half chicken | peri peri sauce
roasted onion | chives | grilled lemon | 27

Rigatoni Fra Diavlo

Parmesan | breadcrumbs |
house made shrimp sausage fra diavlo | 26

Market Fish GF

Blackened NC speckled trout | spicy Veracruz sauce |
grilled broccolini | cabbage slaw | lime | 29

Grilled Salmon * GF

Grilled skin on salmon | wilted bok choy |
lemon piccata sauce | 30

Irregardless Burger * GFO

1/2lb patty | swiss cheese | thousand island | bacon jam |
shaved red onion | bread & butter pickle | brioche bun |
french fries | 19

Add a fried egg | +2

Gluten free bun upon request | +4

VEG = VEGETARIAN | VG = VEGAN | VO = VEGAN OPTION | GF = GLUTEN FREE | GFO = GLUTEN FREE OPTION

Please inform your server of any food allergies A 20% service charge will be added to parties of five or more guests.

Items marked with the " * " Symbol are cooked to order or contain undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk for food-borne illness.

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