

IRREGARDLESS

real food . real music . real good . est . 1975

STARTERS

Roasted Oysters

carolina golds | 'nduja butter | ouzo | parmesan
panko crumb | salsa verde | 3 for 14 or 6 for 24

Fried Shishito Peppers VEG|GF

smoked salt | queso fresco | chipotle lime aioli | 11

Black Eyed Pea Falafel VG|GF

lemon tahini | cucumber | tomatoes | pickled
onion | 14

Smashed & Fried Fingerlings VEG|GF

rosemary | thyme | oregano | garlic | lemon herb aioli | 9

Roasted Acorn Squash Soup VG|GF

coconut curry | turmeric oil | spiced pepitas
candied ginger | chives | 9

Roasted Garlic Hummus VG|GFO

cucumber herb salad | zaatar | fresh herbs
fried pita | 9

House Made Focaccia VG

drizzled with olive oil | 5

Citrus Avocado Salad VEG|GF

bibb lettuce | grapefruit | avocado mousse | pickled
red onions | candied pecans | ricotta salata | lemon
vinaigrette | zaatar | 13

Poached Pear Salad VEG|GF

bosc pear | lolla rossa greens | pickled sour cherries
spiced hazelnuts | feta | sherry maple vinaigrette |
herbs 13

Mixed Greens Salad VG|GF

mixed greens | onions | radishes | rainbow carrots
crispy chickpeas | lemon tahini dressing | 11

Spinach & Artichoke Dip VEG|GFO

onion | garlic | mixed cheese | grilled pita | 11

ENTRÉE

Roasted Winter Squash VEG|GF

kabocha squash | preserved lemon labneh
braised beluga lentils | golden raisin chutney
fried basil | 23

Mushroom Vadouvan VG|GF

fried oyster mushroom | vadouvan oil
seasonal vegetables | sweet corn veloute | 22

Caramelized Cabbage Wedge VEG|GFO

roasted garlic | hickory smoked soubise | comté
crispy leeks | grilled bread | 21

Cauliflower Duo VG|GF

harissa roasted cauliflower & cauliflower puree
sauteed spinach & garbanzo beans preserved
lemon | 20

Spanakopita VEG

spinach | feta | sautéed onions | phyllo dough
lemon cream sauce | green beans | 20

Rigatoni Fra Diavlo

grated parmesan | panko crumble
house made shrimp sausage fra diavlo | 26

Grilled Ribeye * GF

dashi-porcini rub | oyster mushrooms | smashed &
fried fingerlings | roasted onion | black truffle
brandy peppercorn sauce | 47

Seared Scallops GF

seared U12 scallops | aji amarillo | wilted rainbow
chard | bacon lardons | lime | herb salad | 41

Grilled Salmon * GF

grilled skin on atlantic salmon | wilted bok choy
lemon piccata sauce | 30

Peri Peri Chicken GF

grilled half chicken | peri peri sauce | roasted
onion grilled lemon | berbere spice | roasted NC
sweet potato | chives | 31

Irregardless Burger * GFO

1/2 lb patty | cheddar cheese | bacon | thousand
island | jalapeno jam | shaved red onion | dill pickle
brioche bun | french fries | 19
add fried egg +3.50 | GF bun +4

VEG = VEGETARIAN | VG = VEGAN | VO = VEGAN OPTION | GF = GLUTEN FREE | GFO = GLUTEN FREE OPTION

Please inform your server of any food allergies **A 20% service charge will be added to parties of five or more guests.**

*Items marked with the " * " Symbol are cooked to order or contain undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk for food-borne illness.*

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