

Corporate Cold Lunch options

Select one of the following Lunch options for your group:

- Four Salad Conference: \$10.00/person
- Sandwiches: \$10.00/person
- Salad Entrees: \$10.00/person
- Regular Box Lunches: \$10.00/person
- Gourmet Box Lunches: individually priced

Each Lunch includes:

- Iced Tea, Lemon garnish, sweetener & ice
- Cookie or Brownie (*ask about our dessert up-grades*)

Extras:

- Disposable dishes, Rentals, Delivery, Service & Sales Taxes are extra
- Canned Soda or Bottled Water additional \$1.00 Per Person
- Coffee Service:
 - Irregardless signature coffee \$1.95 Per Person
 - Good grocery store quality coffee \$1.00 per person

Minimum of 10 person order

Four Salad Conference Choice of 4 bowls of salad - \$10.00/person

1. One of the following:

- Chicken Salad (options: Curry Chicken Salad*; Chicken Salad with Capers, Apples, Celery & Mustard*)
- Tuna Salad
- Fresh Salmon Salad
- Egg Salad

2. One of the following:

- Pasta & Vegetable Salad
- Potato Salad (New Potato*, German*, Sweet Potato*)
- Tabouli Salad
- Thai Peanut Noodle Salad*
- Cous Cous Salad*
- Corn & Black Bean Salad*

3. One of the following:

- Fresh Garden Salad with Lemon Tahini Dressing
- Caesar Salad with herbed Croutons
- Chinese Crispy Noodle Cabbage Salad*
- Tropical Cole Slaw*

4. Seasonal Fruit Salad

5. Selection of Irregardless signature breads & butter

6. Cookie or Brownie

7. Ice Tea

** Requires a minimum order for 25 people*

Sandwiches \$10.00/person – *Please select at least 7 of each sandwich*
- *May be served on platters, cut in half, or in box lunches*

Sandwiches served with:

- Choice of
 - Chips
 - Potato Salad
 - Pasta Salad
- Fruit garnish
- Cookie or Brownie (*ask about our dessert up-grades*)
- Iced Tea, Lemon garnish, sweetener & ice

1. Irregardless Café Sandwich Favorites

- Bean burger: an Irregardless Classic with Mozzarella Cheese in a Pita Pocket with Onion, Tomato, Sprouts, Ketchup & Mustard
- Middle Eastern Platter: Hummus, Butter Bean Pate & Tabouli with Grilled Pita Points
- California Pocket Sandwich: Pita Pocket filled with sliced Avocado, Cucumber, Tomato, Jack Cheese, Lemon Tahini & Sprouts
- Pimento Cheese: Irregardless' special blend of cheeses & Pimentos served on Whole Wheat Bread. Option grilled
- Tuna or Egg Salad: freshly made with Irregardless' unique recipe, made on fresh Whole Wheat Bread
- Garden Sandwich: fresh Pumpernickel Bread spread with sautéed Spinach, Mushrooms mixture & Melted Swiss Cheese
- Peanut Butter, Honey & Banana Sandwich on Whole Wheat Bread

2. Italian Focacia Sandwiches

- Grilled marinated Mushroom, red Pepper, Avocado, Mozzarella cheese, Lettuce with Lemon Cayenne Aioli on Focacia bread
- Roast Beef, Gorgonzola, Greens & Tomato
- Grilled Chicken, Pesto, Parmesan, Sun-Dried Tomato & greens
- Grilled Salmon, Cheddar Cheese Aioli, Cucumber slices and greens

3. Wrap Sandwiches

- Smoked Turkey Breast, Roasted Red Peppers, Caramelized Onions & Greens
- Grilled Chicken strips & Caesar Salad
- Grilled Salmon & Caesar Salad
- Thai Beef slices with Oriental greens and veggies
- Hummus & Tabouli with greens

4. Croissant Sandwiches

- Smoked Turkey with Cheese with Raspberry Jam & Toasted Almonds

- Curried Chicken Salad with Grapes & Pecans
- Dill Salmon Salad with Lettuce & Tomatoes
- Baby Shrimp Salad with Avocado, Lettuce & Tomatoes

5. Deli Sandwiches

- Rye Bread w/choice of meats: Corned Beef, Roast Beef, Pastrami
Turkey Breast & Salami with Pickles, Mustards, Horseradish Mayonnaise
- Roast Beef, sliced & layered with Horseradish Cream, Spring Onions & Field Greens, served on a Crusty Roll
- Corned Beef Ruben, grilled with Swiss Cheese, Sauerkraut & 1000 Island Dressing on Rye Bread

Salad Entrees: \$10.00/person – *Please select at least 7 of each salad*
- *May be served in large bowls or as individual box lunches*

Salads served with:

- Irregardless' signature bread & butter
- Fruit garnish
- Cookie or Brownie (*ask about our dessert up-grades*)
- Iced Tea, Lemon garnish, sweetener & ice

Salad choices:

- Caesar Salad: crisp Romaine with Irregardless' own Lemon Parmesan Caesar dressing, choice of either grilled Chicken breast or Salmon filet, herbed croutons, shredded Parmesan and lemon section
- Irregardless Chef Salad with grilled Chicken breast (sliced), Egg, Feta Cheese, greens and vegetables, and choice of dressing
- Green Peppercorn marinated Flank Steak on mixed greens with Balsamic roasted Onions, Tomatoes & Mango Barbecue Sauce **
- Salad Nicoise: mixed greens with Tuna, green Beans, Potato salad, Kalamata Olives, Cherry Tomatoes, Capers, hard boiled Egg, optional Anchovies and herbed Dijon Vinaigrette **
- Strawberry Chicken Salad - Fresh spinach leaves tossed with Raspberry vinaigrette. Topped with grilled Chicken breast, sliced Strawberries, sweet & spicy Pecans and Crustini.
- Avocado Salad - Fresh sliced Avocado, mixed greens, diced Tomatoes, toasted Walnuts and Parmesan cheese tossed with a Lemon vinaigrette. Garnished with fresh Crustini.
- Pear Bistro Salad - Mixed greens tossed with Lemon Shallot vinaigrette. Served with fresh Pear slices, Bleu cheese and toasted Walnuts.
- Warm Goat Cheese Salad - Fresh goat cheese herbed and griddled. Served on Mesclun greens with Raisins, spicy caramelized Pecans, and a creamy toasted Shallot vinaigrette.
- Greek Salad - Greek style salad featuring mixed greens with diced Tomatoes, Cucumbers, Kalamata olives, red Onions, Feta cheese, and a Balsamic vinaigrette.

- Fresh Fruit Salad - A chilled mixture of seasonal fruits with low fat yogurt or cottage cheese. Topped with sunflower seeds and Raisins.

*** Request a minimum order of 7 of these salads*

SALAD DRESSINGS - Lemon Tahini, Honey Mustard, 1000 Island, Low Calorie Ranch, Bleu Cheese, Balsamic Vinaigrette & Caesar.

Regular Box Lunches: \$10.00/guest

All of the above cold lunches may be prepared in Box Lunch format

- Salad Conference: Protein Salad, Starch Salad, Green Salad, Fruit Salad, Bread & butter, Cookie or Brownie & Iced Tea
- Sandwich (cut in half) with side salad, fruit garnish, Cookie or Brownie & Iced tea
- Salad Entrée – any of the above listed with Bread & Butter, Cookie or Brownie & Iced Tea

Gourmet Box Lunches: individually priced

Minimum of 7 per type of box lunch

Served with Iced Tea, Lemon garnish, sweetener & ice

- Gourmet Sandwiches: \$14.00/guest
 - Smoked Turkey Wrap with Roasted Red Peppers, Caramelized Onions & Greens
 - Reuben Corned Beef Sandwich grilled w/ Swiss Cheese, Sauerkraut & 1000 Island Dressing on Rye Bread
 - Imported cheeses and flatbreads
 - Potato Salad or Chips
 - Seasonal Fruit garnish
 - Bourbon Chocolate Chip Pecan Bar
- Italian Antipasto: \$15.00/guest
 - Selection of Italian Salamis and sliced meats
 - Italian cheeses such as Fontina, Provolone, Gorgonzola and fresh Mozzarella
 - Anti pasta vegetables such as marinated Artichoke Hearts, marinated roasted Portabella Mushrooms, roasted Tomatoes, Capers and Olives
 - Baguette & butter
 - A Cannoli for dessert
- Greek : \$14.00/guest
 - Greek Salad with greens, Tomato, Cucumber, Feta Cheese, Kalamata Olives and Oregano Olive Oil dressing

- Grilled Chicken, marinated in a Garlic Lemon dressing, sliced and served in a Greek pita wrap with diced Tomatoes, Cucumbers & Feta cheese and a Tzadziki (cucumber yogurt sauce) on the side
- Spanikopita triangle: Phyllo pastry with a Spinach Feta cheese filling
- Fruit garnish
- Baklava dessert

- Vegetarian: \$12.00/guest
 - Humus & Tabouli Wrap
 - Grilled Vegetable Focacia Sandwich with Portabella, Red Peppers and Avocado with a Lemon Cayenne Aioli
 - Spanikopita Triangle: Phyllo pastry with a Spinach Cheese filling
 - Garden Salad with Lemon Tahini dressing on the side
 - Seasonal fruit garnish
 - Carrot Cake with Cream Cheese icing

- Old Fashioned Picnic: \$12.00/guest
 - Southern Fried Chicken
 - Potato Salad
 - Cole Slaw
 - Pickles and Olives
 - Roll & Butter
 - Fudge Brownie

Revised: August 2006